

## LNC Middle School Parent/Student Resources

**CMC Behavioral Health** – (704) 358-2800 or (704) 444-2400

**Crossroads Behavioral Healthcare** – (336) 835-1000

**Suicide Hotline** (local) – 704-358-2800

**National Suicide Prevention** (24 hour call center) – (800) 273-8255 or text “START” to 741741

**Teen Crisis Hotline** – (704) – 344-3111

**Mecklenburg and Cabarrus County Mobile Crisis Unit** – (800) 939-5911

**Ada Jenkins** – (704) 896-0471

*Health, Dental, Food and other Assistance*

**Department of Social Services** – (704) 336-2273

**Lake Norman Free Clinic** – (704) 947-6858

*Medical Assistance*

**Loaves and Fishes** – (704) 896-0471

*Food Assistance*

**Lydia’s Loft** – (704) 896-0471

*Clothing Assistance*

**Crisis Assistance Ministry** – (704) 371-3001

**Lake Norman Teen Council** – (704) 892-6031 x188

**HERO program** – (704) 336-3210

*Support to children who have witnessed abuse*

**Learning Disabilities Association** – (704) 542-0470

**Parents Active for Vision Education \* PAVE** – [www.pavevision.org](http://www.pavevision.org)

**Military Kids** – (254) 953 – 1923

**CHADD** – (704) 665- 7101

*Local support group for ADD/ADHD*

**TEACCH** – (704) 563- 4103

*Autism identification and support*

**Alateen** – (704) 333-9523

*For Teens whose Parents are Alcohol or Substance Abusers*